

U12/14 TEAM RULES

Coach: Keith Cummings

Fall 2012

AYSO Vision: To provide world class youth soccer programs that enrich children's lives.

AYSO Mission: Everyone Plays, Balanced Teams, Open Registration, Positive Coaching, Good Sportsmanship, Player Development

AYSO U12 Rules: Normally we play 9-a-side, but because of our large team sizes we will play 11-a-side. There will be four 15-minute periods and a 5-10 minute halftime break. No other changes from play as specified in FIFA Laws of the Game Printed for the American Youth Soccer Organization. http://www.ayso.org/resources/referee_res/soccer_governing_rules.aspx

Contact Info: My cell phone number is: 575-317-9726. I will send texts with updates and reminders, so please make sure I have your correct text-able cell phone number. If your son is going to miss practice or a game just drop me a text to let me know.

Practice Expectations: Your son should arrive on-time with all necessary equipment: water bottle, shin guards, cleats and appropriate practice clothes (which may vary with weather conditions). Shin guards are required and your son cannot practice or play in a game without them! If you have your own ball, bring that too!

Game Expectations: Arrive 30 minutes before the game in order to warm-up and prepare for the game. Come prepared to play, wearing uniforms, shin guards, and cleats and with a water bottle. We will have substitutes and will attempt to balance playing-time for each player over the 7-game season.

Attitude Expectations: Players are expected to demonstrate positive attitudes and follow directions given by coaches and referees. Good Sportsmanship is required for interactions with teammates, opponents, coaches and referees. Parents are expected to model this behavior from the sidelines with only positive comments.

Skill Development: These are skills that every player should be able to perform by the end of the season. Dribbling, Ball Control (inside of foot, sole of foot, top of thigh), Push Pass, Instep Kick, Heading, Tackling (taking the ball from an opponent), Throw-Ins, Juggling, Goalie Ball Control (high, low and ground shots) and Goalie Ball Distribution (bowling, baseball, sling and punt).

Schedule

Date	Game Time	Snack Assignment
September 22	10:00 AM	Carl Lewis
September 29	9:00 AM	Devan Webb
October 06	9:00 AM	Jordan Gonzales
October 13	10:30 AM	Aidan McComas
October 20	10:30 AM	Bryan Peters
October 27	10:30 AM	Damon Dillon
November 03	9:00 AM	Darius Silva

If you are unable to bring snacks on your assigned week just let me know. We have more parents than weeks.

Suggestions for after-game snacks

- Fruit
- Granola Bars
- String Cheese
- Crackers with cheese or peanut butter
- Trail Mix
- Sports Drinks
- Water