

# U12 TEAM RULES

Coach: Keith Cummings

Fall 2011

**AYSO Vision:** To provide world class youth soccer programs that enrich children's lives.

**AYSO Mission:** Everyone Plays, Balanced Teams, Open Registration, Positive Coaching, Good Sportsmanship, Player Development

**AYSO U12 Rules:** We play 9 on 9, with four 15-minute periods and a 5-10 minute halftime break.

No other changes from play as specified in FIFA Laws of the Game Printed for the American Youth Soccer Organization.

[http://www.ayso.org/resources/referee\\_res/soccer\\_governing\\_rules.aspx](http://www.ayso.org/resources/referee_res/soccer_governing_rules.aspx)

**Contact Info:** My cell phone number is: 575-317-9726. I will send texts with updates and reminders, so please make sure I have your correct textable cell phone number. If your son/daughter is going to miss practice or a game just drop me a text to let me know.

**Practice Expectations:** Your daughter/son should arrive on-time with all necessary equipment: water bottle, shin guards, cleats and appropriate practice clothes (which may vary with weather conditions). Shin guards are required and you son/daughter cannot practice or play in a game without them!

**Game Expectations:** Arrive 30 minutes before the game in order to warm-up and prepare for the game. Come prepared to play, wearing uniforms, shin guards, and cleats and with a water bottle. We will have substitutes and will attempt to balance playing-time for each player over the 8-game season.

**Attitude Expectations:** Players are expected to demonstrate positive attitudes and follow directions given by coaches and referees. Coaches will not permit disruptive behavior during practices or games. This includes, but is not limited to, whining, complaining, teasing and criticizing others in a hurtful way. Good Sportsmanship is required for interactions with teammates, opponents, coaches and referees. Parents are expected to model this behavior from the sidelines with only positive comments. Parents should not coach or criticize from the sidelines. (If you feel you have something to offer in the way of coaching, please let me know. I'd love to have help from one or two assistant coaches who are willing to come to both practices and games!)

**Skill Development:** These are skills that every player should be able to perform by the end of the season. Dribbling, Ball Control (inside of foot, sole of foot, top of thigh), Push Pass, Instep Kick, Heading, Tackling (taking the ball from an opponent), Throw-Ins, Juggling, Goalie Ball Control (high, low and ground shots) and Goalie Ball Distribution (bowling, baseball, sling and punt).

# Schedule

<b>Date</b>	<b>Game Time</b>	<b>Snack Assignment</b>
September 17	11:30 AM	Beames
September 24	10:30 AM	Fuierer
October 1	10:30 AM	Gonzales
October 8	9:00 AM	McDaniel
October 15	10:30 AM	Mendez
October 22	10:30 AM	Moore
October 29	9:00 AM	Perez
November 5	10:30 AM	Wheeler

If you are unable to bring snacks on your assigned week just let me know.

## Suggestions for snacks

- Halftime Snacks:
  - Orange Slices
  - Grapes
- After-Game Snacks:
  - Fruit
  - Granola Bars
  - String Cheese
  - Crackers with cheese or peanut butter
  - Trail Mix
  - Sports Drinks